

Emails to Heaven, Inc  
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Emails to Heaven Newsletter  
Second Edition 2025  
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# ETH News

## Post Office Box

I will be discontinuing my PO Box when the lease ends in May. I will not be renewing the lease since this box is not being used as I had hoped that it would be. Moving forward, I will be using my home address which I have already made the change on my newsletter as noted above. If you are planning on making a donation, please mail it to my Profio Road address. Thank you!

## Saving More Than One Dog

By adopting, you are helping to make space for another animal in need. Which means other dogs will, in turn, be saved. Last year, 3.2 million dogs entered shelters. Around 2.2 million of them were adopted. My concern is what happened to the remaining 1 million. Are they still sitting in a shelter or were they euthanized? When you adopt, you provide a dog with a second chance. Shelter dogs have a surprising amount of resilience and gratitude. They have experienced hardships and adversity which makes them appreciate the love and care they receive in their new homes even more. It has been established that having a pet can extend your life and sharpen your wits, helping with boredom and isolation especially as we retire or find ourselves living alone.



### Inside this issue

- Post Office Box
- Saving More Than One Dog
- Finley's Wish Sponsorships
- The Chubby Hands Foundation
- Finding The Right Words
- Baby Animals
- The Beauty on Earth—Part 10
- Letter to Senator/Congressman
- Did you know?
- Not Anyone's Favorite
- A Little Humor
- Comical Animals



## Finley' Wish Sponsorships



I started Finley's Wish in 2021 but my sponsorships have declined due to the lack of donations to help my program.

Please consider making a donation so that Finley's Wish can help more shelter animals find their forever homes. Adoptions fees vary per shelter. The fees range between \$95 to \$300 with \$95 being charged for senior animals. It takes a lot of donations to help more than one animal. Will you be their hero?

Thank you!

2021—17 animals were sponsored

2022—9 animals were sponsored

2023—8 animals were sponsored

2024—6 animals were sponsored



*Finley's Wish helps senior animals, those with special needs, a bonded pair or one who has been at a shelter for months or even longer.*

### **The Chubby Hands Foundation Their Vision**

We have high hopes for the future. Someday, we hope to have a chapter of **The Chubby Hands Foundation** in every community across the nation. Every family deserves for their child to leave this Earthly planet with dignity. The Chubby Hands Foundation is here to support you financially and emotionally during your time of need.

As the number of families we serve continues to grow, so does our need for support in our community. Together, we can help bereaved families honor the life of their child.

## The Chubby Hands Foundation

I recently read about The Chubby Hands Foundation which was created in memory of an 8 month old who had passed away. I am hoping to add this nonprofit to my list that I donate too through my Good Deeds Program. The article that I read talked about how the name of the foundation came to be. The baby's grandmother said that her grandchild had the chubbiest hands she ever saw on a baby. This nonprofit provides financial and emotional support to the grieving parents.





## Finding The Right Words <sup>3</sup>

I found another Dear Annie letter that I wanted to share with you. It was written by an OBGYN where he talks about the loss of a child and the lack of response from their family and friends. The lack is that they don't care, but because they don't know what to say. This holds true for anyone who has suffered a loss. Whether a child, spouse, family member or friend. Don't abandon them because you don't know what to say.

### Finding the right words

**Dear Annie:** I am a retired obstetrician-gynecologist, and over the years, I have had the privilege of counseling many women who have experienced the heartbreak of pregnancy loss. Whether through miscarriage, stillbirth or the birth of a child with defects incompatible with life, these losses are profoundly devastating.

One of the most painful aspects for many of these women is the response—or lack of response—from their friends and loved ones. Too often, people avoid the grieving mother entirely. It's not because they don't care but because they simply don't know what to say. Tragically, when they do say something, it can often be unintentionally hurtful.

Phrases like, "You can always have another one" or "He (or she) is in a better place" or, "It was God's will" may be well-intentioned, but they can diminish the profound grief and invalidate feelings of loss. These statements unintentionally communicate that the life that was lost is replaceable or that the grieving person should simply accept the tragedy and move on.

From my experience, the best response is often the simplest: "I'm so sorry for your loss." Acknowledging the pain without trying



ANNIE LANE

to fix it or explain it away is far more meaningful. This small gesture tells the grieving person that their loss matters, that their child's life—however brief—was significant, and that they are not alone in their grief.

Pregnancy loss is an emotional and often isolating experience, and a little compassion and sensitivity can make a world of difference to someone who is grieving. If nothing else, we should strive to offer our presence and our willingness to listen without judgment or advice.

Thank you for providing a platform for these kinds of conversations. I hope this perspective will help others feel more confident in supporting loved ones during such difficult times.

—Baby MD

**Dear Baby MD:** Thank you so much for your letter. I hope it helps people bring awareness to the pain that people are feeling when they go through this.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

Baby Animals



Be kind to all animals

The Beauty on Earth—Part 10



## Letter to Senator Fetterman, Senator McCormick and Congressman Reschenthaler

**1<sup>st</sup> topic Medicare Part B.** I have been in the healthcare field for 45 years. I have seen the Medicare Part A deductible increase every year. The Medicare Part B premium and deductible have increased as well. Why is the Medicare Part B premium so high? You can get a cheaper healthcare premium on Healthcare.gov or Pennsylvania’s Pennie website. Why should retirees have to pay so much for this coverage? The Medicare Part B premium needs to be lowered back to around \$120 a month (or even lower) and the same for the Part B deductible.

**2<sup>nd</sup> topic Surviving Spouse Filing Status.** I have been a widow for 8 years now, but I have to claim myself as single when filing my taxes because I do not have a dependent child living with me. Why do you have to have a child living with you in order to “qualify” to claim yourself as a surviving spouse? The only qualification that I need is that my husband is now deceased. I have been trying to get President Trump’s attention

on this issue since 2017. I even wrote to Senator Toomey when he was working on tax reform and also sent a letter to Senator Casey, but I was ignored by them as well. Back in August 2024 I decided to write to Lara Trump in hopes of getting her attention to start this conversation. I mailed the letter to the RNC address and the TNC address. I also suggested that Trump show support to the surviving spouse community during his campaign which I feel would have won him even more votes, but I did not hear from her. Please start this conversation with Trump because I feel that surviving spouses are discriminated against when we must claim ourselves as single if we have no dependent children living with us.

**3<sup>rd</sup> topic is about changing the clocks.** When we turn the clocks forward in March for Daylight Savings time can you please leave it alone after that. This 1 hour ahead and 1 hour back does nothing but cause a disruption of everyone’s daily lives.

### Did you know?

There is a county allowance for our honorably discharged wartime veterans who are a resident of Washington County

**DID YOU KNOW?**

The county provides an allowance of \$75 for funeral expenses and \$100 for a headstone for honorably discharged wartime veterans who are county residents?



## Not Anyone's Favorite

5

Do you ever sit back and realize you're not anybody's favorite person, you're just kinda there and then you get the sudden urge to distance yourself from everyone and chill alone.



**Rebecca Mc Alexander**  
I loved being my husband's favorite and he was my favorite. I have spent Christmas alone since he passed. He was my world for over 30 years. I absolutely distance myself from everyone. I will not change this. I am as comfortable as I can be in life.

5h Like Reply 14

[View all 3 replies](#)

**Pam Sirianni Wilson**  
I really hadn't thought about this until I just read it - but yes, I always feel that I am no longer the light in someone's eyes, the reason they wake up, the center of their universe, the person who makes them whole... that was how my husband made me fe... [See more](#)

13h Like Reply 93

**Margaret Thompson**  
Pam Sirianni Wilson same with me .when my husband passed away .I died inside .life is an empty shell x

11h Like Reply 9

**Peggy Paulson Morren**  
Pam Sirianni Wilson yes, you've described perfectly. I was his special someone and he was mine.

2h Like Reply 2

**Anne Coloton Williams**  
Pam Sirianni Wilson That is how I feel on a regular basis. I'm no longer anyone's priority. And that hurts.

5h Like Reply Edited 6

**Alice Kirwin**  
Pam Siriann so true, you have explained just how I feel,

9h Like Reply 2

**Moody Spur**  
Pam Sirianni Wilson couldn't have Put it better.

13h Like Reply 5

**Carmen Rollason Bassett**  
Pam Sirianni Wilson that's exactly how I feel

12h Like Reply 3

**Susan Seidel**  
Pam Sirianni Wilson so true!

6h Like Reply

**Pam Brown**  
Pam Sirianni Wilson Same.

6h Like Reply

**Wanda Stohl**  
Pam Sirianni Wilson I so agree.

10h Like Reply

**Linda Dillon**  
Pam Sirianni Wilson Same!

## A Little Humor

6



A DUCK, A SKUNK AND A DEER WENT OUT TO DINNER AT A RESTAURANT ONE NIGHT. WHEN IT CAME TIME TO PAY, THE SKUNK DIDN'T HAVE A SCENT, THE DEER DIDN'T HAVE A BUCK, SO THEY PUT THE MEAL ON THE DUCK'S BILL.

“When someone helps you, and they are struggling too, that is not help, that is love” ~Unknown

## Comical Animals

Something to make you smile.

TRYING TO TAKE A NICE GROUP PICTURE OF YOUR FRIENDS:

